

Analisis faktor-faktor risiko terjadi Ulkus Kaki pada pasien Diabetes Melitus di RSUD Dr. Moewardi = Analysis of risk factors of Foot Ulcers on Diabetes Mellitus patients in Dr. Moewardi Hospital

Okti Sri Purwanti, author

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Abstrak

Pengkajian faktor risiko ulkus kaki merupakan peran perawat untuk mencegah terjadi ulkus diabetik atau ulkus berulang. Tujuan penelitian mengidentifikasi faktor yang berhubungan dengan kejadian ulkus kaki. Rancangan penelitian case control, dengan sampel 68 responden DM terdiri 34 pasien ulkus dan 34 pasien tidak ulkus. Hasil multivariat menunjukkan faktor perawatan kaki, neuropati motorik, Peripheral Arterial Disease, pengendalian kadar gula darah, dan gangguan penglihatan berhubungan signifikan dengan kejadian ulkus. Neuropati motorik yang paling mempengaruhi kejadian ulkus kaki. Rekomendasi penelitian ini adalah perlu pendidikan kesehatan & early detection risiko ulkus kaki dan penelitian lanjutan pengaruh penyuluhan pada pasien berisiko dengan kejadian ulkus kaki.

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Assessment of risk factors for foot ulcer is the role of nurses to prevent diabetic ulcers or recurrent ulcers. The research aimed to identify factors associated with the incidence of foot ulcers. Case-control study design, recruited 68 respondents diabetic divided into 34 ulcer patients and 34 no ulcer patients. Multivariate results indicated foot care, motor neuropathy, PAD, controlling blood sugar levels, and visual impairment significant associated with the occurrence of ulcers. Motor neuropathy was the most influence incidence of foot ulcers. Recommendations of this study is the need for health education and early detection of its risk foot ulcers and further had explore research effect of counseling for patients at risk with the incidence of foot ulcers.