

**Efektivitas strip Essentials Oil mengandung Thymol, Eucalyptol, Menthol, Methyl Salycilate dan Peppermint terhadap resiko Karies Gigi
= Efficacy strip Essentials Oil with Thymol, Eucalyptol, Menthol, Methyl Salycilate and Peppermint on Caries risk factor**

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Abstrak

Latar Belakang: Strip essentials oil dapat digunakan sebagai alternatif pencegahan karies gigi.

Tujuan: Mengetahui efektivitas strip essentials oil terhadap resiko karies gigi.

Metode: Subjek penelitian berjumlah 15 orang yang diberikan perlakuan berupa konsumsi strip essentials oil dan placebo dengan mengukur pH plak dan jumlah koloni s. mutans.

Hasil: Tidak terdapat perbedaan bermakna pH plak dan jumlah koloni s.mutans dengan nilai $p>0.05$.

Kesimpulan: Penggunaan strip essentials oil tidak bermakna menghambat jumlah koloni s.mutans dan mencegah peningkatan pH plak.

.....Background: Strip essentials oil can be used as an alternative of dental caries prevention.

Objective: Knowing the efficacy of strip essentials oil on caries risk factor.

Methods: 15 subject were given strip essentials oil and strip placebo then measured plaque pH and s.mutans colony.

Results: There are no significancy in differences measurement on plaque ph and s.mutans colony with $p>0.05$.

Conclusion: The used of strip essential oil not significant to inhibit s.mutans colony growth dan the increase of plaque pH.