

Efektivitas Rational Emotive Behaviour Therapy berdasarkan Profile Multimodal Therapy pada klien Skizofrenia dengan masalah keperawatan perilaku kekerasan dan halusinasi di RSMM Bogor = The effectiveness of Rational Emotive Behaviour Therapy based on the Profile of Multimodal Therapy on the Skizofrenia client with violent behaviour and hallucinations at RSMM Bogor / Retno Yuli Hastuti

Retno Yuli Hastuti, author

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Abstrak

ABSTRAK

Penelitian inia bertujuan mengetahui efektivitas rational emotive behaviour therapy (REBT) berdasarkan profile multimodal therapy terhadap perubahan gejala dan kemampuan klien perilaku kekerasan dan halusinasi di RSMM Bogor. Desain penelitian quasi eksperimental dengan jumlah 56 responden. 28 responden memiliki Profile Multimodal Therapy untuk mendapat therapy REBT sebagai kelompok intervensi, 28 responden sebagai kelompok non intervensi. Hasil penelitian ditemukan penurunan gejala perilaku kekerasan dan halusinasi lebih besar daripada yang tidak mendapatkan REBT berdasarkan profile multimodal therapy (p value < 0.05). Kemampuan kognitif, afektif dan perilaku klien yang mendapatkan REBT berdasarkan profile multimodal therapy meningkat secara bermakna (p value < 0.05) Hasil penelitian ini klien mengalami penurunan gejala perilaku kekerasan 48% penurunan gejala halusinasi 47 %, efektif meningkatkan kemampuan kognitif, afektif dan perilaku hingga 57 %. Profile multimodal therapy direkomendasikan sebagai screnning klien yang akan diberikan terapi spesialis dalam hal ini khususnya rational emotive behaviour therapy

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ABSTRACT

This study aims to determine the effectiveness of rational emotive behavior therapy (REBT) profile of multimodal therapy based on changes in symptoms and the client's ability violent behavior and hallucinations in RSMM Bogor. Quasi-experimental research design with a number of 56 respondents. 28 respondents had to get a Profile Multimodal Therapy REBT therapy as the intervention group, 28 respondents as a group of non intervention. The research found a decrease symptoms of violent behavior and hallucinations bigger than not getting REBT based profile of multimodal therapy (p value <0.05). Cognitive, affective and behavioral clients who get REBT based profile of multimodal therapy increased significantly (p value <0.05) results clients experience a reduction in symptoms of violent behavior 48% 47% reduction in symptoms of hallucinations, effectively improve cognitive, affective and behavioral to 57 %. Profile multimodal therapy is recommended as screnning client will be given specialist treatment in this particular rational emotive behavior therapy