

Hubungan antara adaptabilitas karir dan prestasi akademik pada mahasiswa Universitas Indonesia = the Relationship between career adaptability and academic achievement among students of University of Indonesia

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Abstrak

Penelitian ini dilakukan untuk mendapatkan gambaran mengenai hubungan antara adaptabilitas karir dan prestasi akademik pada mahasiswa. Pengukuran adaptabilitas karir menggunakan modifikasi dari Career Issues Survey milik Creed, Fallon dan Hood (2008). Untuk pengukuran prestasi akademik menggunakan indeks prestasi yang diraih oleh partisipan. Partisipan berjumlah 158 mahasiswa yang memiliki usia remaja, 18-19 tahun.

Hasil penelitian ini menunjukkan terdapat hubungan positif yang signifikan antara adaptabilitas karir dengan prestasi akademik pada mahasiswa ($r = 0.177$; $p = 0.026$, signifikan pada L.o.S 0.05). Artinya, semakin tinggi adaptabilitas karir yang dimiliki seseorang, maka semakin tinggi prestasi akademik yang ia miliki. Berdasarkan hasil tersebut, seseorang perlu diintervensi dalam hal adaptabilitas karir agar ia memiliki kemampuan dalam tugas vokasional sehingga kesadaran akan pentingnya memiliki prestasi akademik akan tertanam sejak dini.

.....This research was conducted to find the correlation between career adaptability and academic achievement among students. Career adaptability was measured using a modification of Career Issues Survey from Creed, Fallon and Hood (2008). For academic achievement was measured using grade point average (GPA) index reached by the participants. The participants of this research are 158 students who have adolescent ages around 18-19 years old.

The main results of this research show that career adaptability positively correlated significantly with academic achievement ($r = 0.177$; $p = 0.026$, significant at L.o.S 0.05). That is, the higher career adaptability of one's own, the higher having academic achievement. Based on these results, someone needs to intervened in the career adaptability, so they will have a readiness in vocational tasks, so that they will understand the importance of having an academic achievement.