

## **Gambaran tingkat pengetahuan perawat tentang bermain terapeutik di ruang rawat inap RSAB Harapan Kita Jakarta = Description of nurse's level of knowledge about therapeutic play in the inpatient ward RSAB Harapan Kita Jakarta**

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### **Abstrak**

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Bermain terapeutik sangat penting dilakukan untuk mengurangi efek hospitalisasi dan kelangsungan tumbuh kembang anak yang dirawat di rumah sakit. Fenomena yang ditemukan adalah bermain terapeutik belum berjalan optimal. Pengetahuan perawat tentang bermain terapeutik akan mempengaruhi perilaku perawat dalam pelaksanaan bermain terapeutik. penelitian ini bertujuan untuk mengetahui gambaran tingkat pengetahuan perawat tentang bermain terapeutik di ruang rawat inap anak RSAB Harapan Kita Jakarta. Desain penelitian deskriptif dengan teknik cluster random sampling. Jumlah sampel 74 perawat ruang rawat inap anak. Pengumpulan data menggunakan kuesioner, dan analisis data menggunakan analisis univariat. Hasil penelitian menemukan bahwa sebagian besar 73% perawat memiliki tingkat pengetahuan yang cukup tentang bermain terapeutik. Disarankan untuk rumah sakit agar membuat kebijakan-kebijakan yang mendukung peningkatan pengetahuan perawat tentang bermain terapeutik.

**Abstract**

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Therapeutic play is very important to reduce the effects of hospitalization and the continuity of growth and development of children whom cared at hospital. Unfortunately, therapeutic play has not been implemented optimally. Nurses' knowledge about therapeutic play will affect their behavior in the implementation of therapeutic play. The research objective was to determine nurses' knowledge level about therapeutic play in the children ward RSAB Harapan Kita. This research used descriptive design with cluster random sampling techniques. The respondents were 74 nurses who work in inpatient ward. Data was collected using questionnaires, and was analysis using univariate analysis. The results obtained as much as 73% of nurses had sufficient levels of knowledge about therapeutic play. It is recommended that hospital establishes policies that support the improvement of nursing knowledge about therapeutic play.

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