

Pengalaman ibu yang terdeteksi HIV tentang dukungan keluarga selama persalinan di Jawa Tengah

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Abstrak

ABSTRAK

Jumlah kasus ibu hamil dan melahirkan dengan HIV dari tahun ke tahun semakin meningkat baik di dunia maupun di Indonesia. Penelitian ini menggali pengalaman ibu yang terdeteksi HIV tentang dukungan keluarga selama persalinan dengan pendekatan kualitatif fenomenologi. Delapan partisipan dipilih berdasarkan purposive sampling. Pengumpulan data menggunakan wawancara mendalam dan analisa data menggunakan analisa tematik. Sebagian besar partisipan mendapatkan dukungan keluarga berupa dukungan emosional, spiritual, finansial dan informasi sedangkan sisanya tidak mendapatkan dukungan. Dukungan yang didapatkan ibu menimbulkan perasaan bahagia dan tenang. Beberapa partisipan mendapatkan perlakuan negatif akibat stigma dari keluarga dan pemberi pelayanan kesehatan. Perawat maternitas berperan menerapkan asuhan keperawatan melibatkan keluarga yang memperhatikan psikologi, sosial dan spiritual ibu selama persalinan.

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ABSTRACT

The number of pregnant women and giving birth who are suffering from HIV from year to year tends to increase in the world and Indonesia. This research was a phenomenological qualitative study which explored the experiences of mother who has been diagnosed HIV about family's support during labor. Eight participants were selected based on purposive sampling. Data were collected by in-depth interview technique, and were analysed by thematic analysis. Most of participants obtained emosional, spiritual, financial support and relevant information from their family. On the other hand, a few of participants did not receive support from their family. This study found that family's support for mothers during their pregnant and giving birth would emerging happiness and feel calm. Some participants obtained a negative responses as a consequence of stigma from their family and health care providers. Maternity nurse has a role for applying nursing care by involving family to provide direct care by giving psychological, social, and spiritual support for mothers during labor.