

## Efektivitas intervensi edukasi Perinatal terhadap pencapaian peran orangtua

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### Abstrak

#### <b>ABSTRAK</b><br>

Ibu postpartum primipara seringkali belum siap menjalankan peran orangtua dalam merawat bayi. Tujuan penelitian ini adalah membuktikan efektifitas intervensi edukasi perinatal terhadap pencapaian peran menjadi orangtua. Penelitian ini menggunakan desain quasi eksperimen dengan pendekatan pre-post test with control group. Sebanyak 55 responden pasangan suami istri berpartisipasi dalam penelitian ini. Hasil uji statistik membuktikan bahwa intervensi efektif untuk meningkatkan kepercayaan ibu dalam merawat bayi (p value=0,044), ikatan talikasih ibu dan bayi (p-value=0,0001), dan dukungan suami (p value=0,031). Intervensi tidak efektif meningkatkan persepsi ibu terhadap dukungan suami (p value=0,938). Rekomendasi penelitian ini, institusi pemberi pelayanan keperawatan maternitas mengembangkan metode edukasi untuk meningkatkan pencapaian peran orangtua.

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#### <b>ABSTRACT</b><br>

Postpartum primiparous mothers and her husband often do not perform their parental role in taking care of her baby. This study aimed to prove the effectiveness of the intervention of perinatal education in achieving their parental role. This study used quasi experimental design with the approach of pre-post test non equivalent control groups. About 55 married couples were participated as the respondents of this study. The statistical test result proved that the intervention was effective in improving mother's confidence in taking care of her baby (p value=0,044), mother and baby attachment (p-value=0,0001), and the husband's support (p value=0,031). This intervention was not effective in improving mother's perception of husband's support (p value=0,938). This study recommended the maternity nursing institutions to develop an education method to improve the parental role achievement.