

## Pengalaman ibu tentang dukungan suami selama ibu mengalami abortus di wilayah Jakarta Timur =The mother's experience related to her husband's supports while she has an abortion in East Jakarta

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### Abstrak

#### <b>ABSTRAK</b><br>

Ibu yang mengalami abortus seringkali terganggu aspek fisik, psikologis dan sosial. Keadaan ini membuat ibu memerlukan dukungan dari suaminya. Tujuan penelitian ini untuk mengeksplorasi pengalaman ibu tentang dukungan suami selama mengalami abortus. Penelitian ini menggunakan desain kualitatif dengan pendekatan fenomenologi deskriptif. Dilakukan wawancara mendalam terhadap lima partisipan yang dipilih secara purposive sampling. Data dianalisis dengan Thematic Content Analysis dengan tahapan Colaizzi dan diperoleh 11 tema. Hasil penelitian ini menggambarkan pemahaman ibu tentang abortus, keadaan, bentukbentuk dukungan suami berkaitan dengan tipe dan sifat suami, dampak dan harapan ibu. Penelitian ini merekomendasikan agar pelayanan kesehatan merancang suatu metode konseling sebagai bentuk perawatan suportif dengan tetap melibatkan dan memperhatikan respon suami

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<b>ABSTRACT</b><br>A mother who experiences an abortion often has a physical, psychological, and social interruption. This condition causes the mother to require her husband's supports. The purpose of this study was to explore the mother's experience related to her husband's supports during her abortion. This study applied a qualitative design with a descriptive phenomenological approach. In-depth interviews were conducted to five participants who were selected using purposive sampling method. The data were analyzed using a thematic content analysis with Colaizzi stages. It was obtained 11 themes. The result showed the mother's understanding of an abortion, the types of the husband's supports related to the husband's type and characteristics, the impacts, and the mother's hopes. It is recommended that the health services would design a counseling method as a form of a supportive treatment which involves and considers the husband's responses