

# Studi komparatif pemberian minum dengan cawan dan sendok terhadap efektivitas minum bayi baru lahir di RSUP Dr. Soeradji Tirtonegoro Klaten

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## Abstrak

Penelitian ini bertujuan membandingkan pemberian minum dengan cawan dan sendok terhadap efektivitas minum bayi baru lahir. Desain penelitian menggunakan quasi experimental post test-only non equivalent control group design dengan jumlah sampel 20 pada sampel kelompok cawan dan 20 pada kelompok sendok, teknik sampling menggunakan consecutive sampling. Hasil menunjukkan adanya perbedaan jumlah tumpahan ( $p=0,012$ ), waktu yang dibutuhkan ( $p=0,000$ ), volume yang dikonsumsi ( $p=0,012$ ) dan efektivitas minum ( $p=0,000$ ) pada  $\alpha=0,05$ . Tidak ditemukan kejadian tersedak selama pemberian minum dengan cawan dan sendok. Selain itu cawan lebih efektif dibanding sendok dengan nilai rerata efektivitas minum adalah  $0,32 \pm 0,13$  ml/detik. Penelitian ini merekomendasikan bahwa cawan dapat digunakan secara aman sebagai metode alternatif pemberian minum pada bayi baru lahir yang bermasalah.

.....The aims of this research was to identify the effectiveness of neonates's feeding ability using spoon feeding compared with cup feeding. Quasi experimental post-test only non equivalent control group design was used as the research design, in which data were collected by consecutive sampling method. The sample of this research was 40 neonates, 20 neonates of them was feed using cup feeding and other 20 neonates was feed using spoon feeding. The result showed significant amount of breast feeding milk spilled out ( $p=0.012$ ), time needed to feed ( $p=0.000$ ), the volume of milk consumed ( $p=0.012$ ), and feeding effectivity ( $p=0.000$ ). It wasn't found of aspiration cases while neonates feed with cup feeding and spoon feeding. Feeding neonates using cup feeding was more effective compared with spoon feeding (mean= $0.32\pm 0.13$  seconds). It was recommended to use cup feeding as an alternative method to feed neonates with breastfeeding problems.