

# Pengalaman dan harapan terhadap pelayanan keperawatan psikososial pada ibu yang pernah mengalami kesulitan persalinan di Makassar

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## Abstrak

Ibu yang mengalami penyulit persalinan memerlukan asuhan keperawatan psikososial yang akan mengatasi masalah-masalah psikososial yang akhirnya memperlancar persalinan. Penelitian ini bertujuan untuk mengetahui pengalaman dan harapan terhadap pelayanan keperawatan psikososial pada ibu yang pernah mengalami kesulitan persalinan di Makassar. Sampel sebanyak tujuh orang dipilih dengan purposive sampling. Analisa data menggunakan langkah analisa Collaizi.

Hasil penelitian dikelompokkan menjadi: pengalaman merasakan keluhan fisik dan keluhan psikologis saat kesulitan persalinan, upaya mengatasi keluhan, respon keluarga saat kesulitan persalinan, pengalaman dan persepsi memperoleh pelayanan fisik dan pelayanan psikososial saat kesulitan persalinan, harapan terhadap pelayanan keperawatan psikososial saat kesulitan persalinan. Perlu di tingkatkan lagi variasi pelayanan psikososial pada ibu bersalin saat mengalami kesulitan persalinan, sehingga dampak keluhan hanya dirasakan dalam batasan minimal.

.....Women in difficulty delivery process need a psychosocial nursing care in order to reduce their stress that in turn will affect the delivery process. The aim of this study is to identify the experience and expectation of psychosocial nursing care in women who have experienced childbirth difficulties in Makassar. Seven women who participated in this research are selected by purposive sampling. Data are analyzed using Collaizi method.

Result are grouped into physical and psychological complaints during childbirth difficulties, effort to overcome complaint, family responses during childbirth difficulties, experience and perception of physical and psychosocial nursing care during childbirth difficulties, and expectation of psychosocial nursing care during childbirth difficulties. Variation of psychosocial nursing care is needed, in order to minimize the impact of childbirth difficulties.