

# Pengalaman keluarga merawat anak remaja dengan kehamilan tidak diinginkan (KTD) di Kabupaten Cilacap, Provinsi Jawa Tengah: Studi Fenomenologi = family experience in caring for adolescent with unintended pregnancy in Cilacap regency central java province : phenomenology study

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## Abstrak

Remaja dengan KTD berisiko mengalami stress baik bio, psiko, social cultural maupun spiritual. Penelitian ini bertujuan untuk memahami arti dan makna pengalaman keluarga merawat anak remaja dengan KTD. Desain penelitian fenomenologi diskriptif. Pengumpulan data dilakukan dengan wawancara mendalam pada 8 partisipan. Data dianalisis dengan teknik Colaizzi. Penelitian menghasilkan 8 tema: faktor yang mendukung terjadinya KTD, stress yang dirasakan keluarga, mempersiapkan perkawinan, mencegah terulangnya KTD, kualitas layanan, dukungan sosial, mencari bantuan, dan unavoidable acceptance. ....Adolescent with unintended pregnancy have physical stress, psychological stress, social stress, and financial stress. This study aims to understand the meaning of family experience in caring adolescents with unintended pregnancy. This study used descriptive phenomenology research design. Data was collected through indepth interview on the 8 participants. Data were analyzed by Colaizzi techniques. The study produced eight themes: the factors that contribute to KTD, perceived family stress, preparing for marriage, prevent recurrence of KTD, quality of service, social support, seeking help, and the unavoidable acceptance.