

## Pengaruh assertive training therapy terhadap kemampuan asertif suami dan risiko kekerasan dalam rumah tangga di Bogor Tahun 2011

Khusnul Aini, author

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### Abstrak

Tujuan penelitian ini adalah memperoleh gambaran pengaruh assertive training therapy terhadap kemampuan asertif dan risiko kekerasan dalam rumah tangga suami. Desain penelitian "Quasi Experiment Pre-Post Test With Control Group". Sampel penelitian ini berjumlah 60 orang, 30 orang diberikan assertive training therapy dan 30 orang hanya diberikan terapi generalis.

Hasil penelitian didapatkan pengaruh terapi asertif training terhadap kemampuan asertif suami sebesar 67,4% dengan peningkatan yang bermakna p-value < 0,05. Sedangkan perilaku risiko kekerasan dalam rumah tangga mengalami penurunan sebesar 29,6 % dengan penurunan yang bermakna p-value < 0,05. Assertive training therapy direkomendasikan diberikan pada suami dengan risiko kekerasan dalam rumah tangga.

.....The objective of this study is to describe the influence of assertive training therapy to the ability of assertiveness and husbands with risk of domestic violence. Research design using "Quasi Experiment Pre-Post Test With Control Group". The respondents of this study consists 60 respondents, 30 respondents were given assertive training therapy, 30 respondents given only generalist therapy.

The results of this study shows the effect of assertive training therapy to husband's assertiveness ability of 67,4% with significant improvement (p-value < 0,05). While the risk of domestic violent decreased by 29,6% with significant reductions (p-value < 0,05). Assertive training therapy recommended for husbands with domestic violence risk.