

Pengaruh terapi kelompok terapeutik lansia terhadap kemampuan adaptasi dan perkembangan integritas diri lansia di kelurahan Surau Gadang kecamatan Nanggalo padang = Effect of elderly therapeutic group therapy to adaptation ability and self integrity deceopment in elderly at kelurahan Surau Gadang, kecamatan Nanggalo Padang

Guslinda, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20281059&lokasi=lokal>

---

Abstrak

Penelitian ini bertujuan untuk mengetahui pengaruh terapi kelompok terapeutik lansia terhadap kemampuan adaptasi dan perkembangan integritas diri lansia di kelurahan Surau Gadang kecamatan Nanggalo Padang. Jenis penelitian kuantitatif dengan desain quasi eksperimental. Jumlah sampel 30 kelompok intervensi dan 30 kelompok kontrol.

Hasil penelitian menunjukkan terapi kelompok terapeutik lansia meningkatkan kemampuan adaptasi lansia bermakna sebesar 78%, dan perkembangan integritas diri sebesar 61,04% (P-value < 0,05). Kemampuan adaptasi dan perkembangan integritas diri lansia yang mendapat terapi kelompok terapeutik lansia lebih tinggi dibandingkan dengan lansia yang tidak mendapat

<hr>

Purpose of this study was to examine effect of elderly therapeutic group therapy to adaptation ability and self integrity development in elderly at Kelurahan Surau Gadang, Kecamatan Nanggalo, Padang. Design of the study was quantitative with quasi experimental approach with control group. Each of group has 30 respondent.

Study result showed that elderly therapeutic group therapy had significantly increased elderly adaptation ability until 78% and self integrity development until 61,04 % (p-value < 0,05). Adaptation ability and self integrity in elderly who got therapeutic group therapy were higher than who didn't. This study recommended to healthy elderly to increase adaptation ability and self integrity.