

Pengaruh terapi suportif terhadap kemampuan bersosialisasi klien isolasi sosial di Rumah Sakit Jiwa Daerah Dr. Amino Gondohutomo Semarang = The effect of supportive therapy to social ability of social isolation's clients at regional mental health hospital Dr. Amino Gondohutomo Semarang

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Abstrak

Klien isolasi sosial memiliki jaringan sosial yang kecil, sehingga klien membutuhkan suport sistem yang mendukung terbentuknya jaringan sosial yang kondusif. Tujuan penelitian ini untuk mengetahui pengaruh terapi suportif terhadap peningkatan kemampuan bersosialisasi klien isolasi sosial di RSJD Dr Amino Gondohutomo Semarang. Desain penelitian quasi experimental, pre-post test with control group. Tempat penelitian di RSJD Dr Amino Gondohutomo Semarang. Sampel penelitian adalah seluruh klien isolasi sosial yang memenuhi kriteria inklusi. Hasil penelitian membuktikan adanya pengaruh terapi suportif yang signifikan terhadap perubahan kemampuan bersosialisasi klien isolasi sosial pada kelompok intervensi. Disarankan terapi suportif digunakan sebagai terapi keperawatan dalam merawat klien isolasi sosial.Social isolation's clients has a narrow space of social network that make them need a support system which supports the creation of a conducive social networks. The purpose of this study was to determine the effect of supportive therapy toward the increase of social ability of social isolation's clients. This research conducted a quasi-experimental, pre-post test with control group design. Research site was at Regional Mental Health Hospital dr. Amino Gondohutomo Semarang. The samples were all clients of social isolation who met the inclusion criteria. Result showed that there was a significant effect of supportive therapy to client's social skill ability in the intervention group. The recommendation of this study that can be applied for the next research was a supportive therapy for the social isolation's clients.