

Pengaruh latihan asertif terhadap perilaku kekerasan orang tua pada anak usia sekolah di Kelurahan Tanjungpura Kabupaten Karawang tahun 2011 = The influence of assertive training to violence behavior of parents on children in Tanjungpura Karawang District, 2011

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Abstrak

Penelitian ini bertujuan untuk memperoleh gambaran pengaruh latihan asertif terhadap perilaku kekerasan orang tua pada anak usia sekolah di Kabupaten Karawang. Sampel pada kelompok intervensi dan kontrol masing-masing 32 orang. Latihan asertif membantu orang tua menurunkan perilaku kekerasan pada anak melalui komunikasi asertif, yang dilakukan selama 6 sesi.

Hasil penelitian terjadi peningkatan secara bermakna ($p\text{-value} < 0,05$). kemampuan komunikasi asertif orang tua pada kelompok intervensi dibanding kelompok kontrol. Untuk kemampuan anak dalam mengendalikan emosi pada kelompok intervensi meningkat, sedangkan pada kelompok kontrol menurun secara bermakna ($p\text{-value} < 0,05$). Terapi ini direkomendasikan pada orang tua, guru dan Pemberi pelayanan kesehatan.

.....This research was aimed to describe the influence of assertive training to violence behavior of parents on children in Karawang district. Samples in the intervention group and control were 64 respondents, 32 respondent for each group. Assertive training has proved decreased parents, violent behaviors on children through assertive communication, conducted in 6 sessions. The research results showed increased in assertive communication skills of parents for the group that received assertive training.

There was significantly different among those groups with ($p\text{value} < 0.05$). For the group of parents who did not receive assertive training, showed the decreased communication of skills significantly ($p\text{-value} < 0.05$).

The was increased of ability of children to control their emotions for intervention group, while there was significantly decreased for children of parents control group ($p\text{-value} < 0.05$). It was recommended that this assertive training to be regularly conducted to parents, teachers and health care provider.