

Pengaruh rational emotive behaviour therapy terhadap klien dengan perilaku kekerasan di rumah sakit marzoekei mahdi Bogor tahun 2010

Dewi Eka Putri, author

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Abstrak

ABSTRAK

Perilaku kekerasan (PK) adalah respon kemarahan maladaptif dalam bentuk perilaku menciderai diri, orang lain dan lingkungan. Penelitian ini bertujuan mendapatkan gambaran Pengaruh Rational Emotive Behaviour Therapy terhadap penurunan perilaku kekerasan di ruang rawat inap RSMM Bogor. Desain ?Quasi Experimental Pre-Post Test with ?Control Group? dengan intervensi Rational Emotive Behaviour Therapy (REBT). Sampel penelitian adalah 53 klien skizoprenia paranoid dengan PK, terdiri atas 25 kelompok intervensi dan 28 orang kelompok kontrol. Hasil penelitian menunjukkan peningkatan respon kognitif dan sosial serta penurunan respon emosi, perilaku dan fisiologis secara bermakna (P-value 0,05) pada klien yang mendapatkan REBT. REBT direkomendasikan untuk diterapkan pada klien PK bersama dengan tindakan keperawatan generalis.

ABSTRACT

Violent behavior is a maladaptive anger response, which is shown by the People whom treated themselves, others and the environment. The study aims to get the explanation of the effect rational emotive behavioral therapy in reducing violent behavioral in Bogor RSMM hospital. Design with ?Quasi-Experimental design Pre-Post Test with Control Group? and the intervention of rational emotive behavior therapy (REBT). The samples of this research are 53 clients with paranoid schizophrenia who has violent behavior, consisted of 25 clients as intervention group and 28 clients as control group. The Results of this research show the increasing response of cognitive, social and reducing of emotional response, behavioral, and physiological significantly, at (P-value 0,05) on the clients who get REBT. In 2 times frequency treated associated with the client's social response increased. REBT are recommended to provide to the clients with REBT critical nursing generalist; Violent behavior is a maladaptive anger response, which is shown by the People whom treated themselves, others and the environment. The study aims to get the explanation of the effect rational emotive behavioral therapy in reducing violent behavioral in Bogor RSMM hospital. Design with ?Quasi-Experimental design Pre-Post Test with Control Group? and the intervention of rational emotive behavior therapy (REBT). The samples of this research are 53 clients with paranoid schizophrenia who has violent behavior, consisted of 25 clients as intervention group and 28 clients as control group. The Results of this research show the increasing response of cognitive, social and reducing of emotional response, behavioral, and physiological significantly, at (P-value 0,05) on the clients who get REBT. In 2 times frequency treated associated with the client's social response increased. REBT are recommended to provide to the clients with REBT critical nursing generalist