

Studi fenomenologi : pengalaman lanjut usia melakukan perawatan tekanan darah tinggi di Kelurahan Ngesrep Kecamatan Banyumanik Kota Semarang Jawa Tengah

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Abstrak

Tujuan penelitian untuk memahami secara mendalam arti dan makna pengalaman lansia melakukan perawatan tekanan darah tinggi. Desain penelitian menggunakan fenomenologi deskriptif dengan wawancara mendalam. Partisipan diperoleh dengan teknik purposive sampling. Hasil penelitian menunjukkan bahwa pengalaman lansia melakukan perawatan hipertensi merupakan pengalaman yang bersifat individual. Keluarga telah memberikan dukungan dalam perawatan hipertensi dan perlu diselaraskan dengan dukungan petugas kesehatan.

<hr>The purpose of this study was to provide deeper understanding of elderly's experiences in caring for hypertension. This study applied descriptive phenomenology design and use indepth interview in data collection method. The participants were identified by purposive sampling technique. This result showed that caring for hypertension was basically based on elderly's experiences individually. Family had provided social support during the treatment of hypertension. It needed to be integrated to the support from the health care team.