

Hubungan aktivitas fisik, kebugaran fisik dan imej tubuh dengan kejadian obesitas pada siswa SMA di kota Banda Aceh Provinsi Nanggroe Aceh darussalam

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Abstrak

The prevalence of obesity is increasing globally, both in developed and developing countries including Indonesia. Obesity occurs due to imbalance between energy intake and energy release for a long time as indicated by body mass index (BMI)....