

Pengaruh paket aman terhadap pengetahuan dan pelaksanaan perawatan kehamilan oleh ibu risiko persalinan prematur serta efektivitasnya terhadap maturitas kehamilan di Jakarta = Effects of “paket aman” on mother with premature labor risk’s knowledge and pregnancy care implementation and It’ effectiveness on pregnancy maturity in Jakarta / Christine Aden

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Abstrak

ABSTRAK

Kehamilan dapat mengalami gangguan atau ancaman kelahiran sebelum waktunya yang dapat menurunkan kualitas hidup bayi dan ibunya. Kondisi ini diperlukan intervensi keperawatan untuk pencegahannya. Penelitian ini bertujuan untuk menilai efektifitas paket “Aman” terhadap pengetahuan dan pelaksanaan perawatan kehamilan serta dampaknya terhadap maturitas kehamilan pada ibu dengan resiko persalinan prematur. Desain penelitian ini adalah kuasi eksperimental dengan pre dan post test without control group dilanjutkan post test only design with control group. Penelitian dilaksanakan di RS. Cipto Mangunkusumo, RS. Fatmawati dan Puskesmas Cempaka Putih Jakarta. Sampel adalah ibu dengan kehamilan risiko tinggi sebanyak 36 orang. Pemilihan sampel dengan metode purposif sampling. Analisa data kuantitatif dilakukan dengan uji proporsi, uji chi square dan uji t test. Hasil analisis terdapat perbedaan bermakna rata-rata pengetahuan pre dan post intervensi pada kelompok intervensi ($p = 0,000 < \alpha 5\%$), adanya perbedaan yang signifikan pelaksanaan perawatan kehamilan setelah diberi paket “Aman” ($p = 0,000 < \alpha 5\%$). Kejadian maturitas kelompok intervensi signifikan ($p = 0,006$), responden mendapat intervensi “Paket Aman” berpeluang mengalami kehamilan matur sebesar 12,571 kali dibandingkan dengan responden yang tidak mendapat intervensi paket aman. Intervensi paket aman perlu diimplementasikan disemua tatanan pelayanan keperawatan maternitas khususnya antenatal care dengan memberikan booklet sebagai media dan komunikasi yang efektif. Diperlukan penelitian lebih lanjut tentang status sosial ekonomi dengan kejadian maturitas.

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ABSTRACT

Abstract

Pregnancy disorder and premature labor can occur in a pregnancy. It can decrease quality of live of the infant and mother. Nursing intervention is needed to prevent it. The research was aimed to examine the effectiveness of “Paket Aman” on mother with premature labor risk’s knowledge and pregnancy care and it’s effect on pregnancy maturity.

The design of research was quasi experimental using pre and post test without control and post test only design with control group to measure effectiveness of “Paket Aman”. Samples were 36 mothers with high risk pregnancy selected by purposive sampling method. Instrument used to collect data were questionnaire and observation. Intervention was a health education by using booklet media of “Paket Aman”. Data was analyzed by using proportion test, chi square test and t- test. The result revealed that there was a significant difference in knowledge between pre and post intervention in intervention group ($p=0,000$; $< \alpha = 5\%$), there was a very significant difference in pregnancy care after given “Paket Aman” ($p=0,000$; $< \alpha = 5\%$). There is a significant different in maturity of pregnancy between intervention group after intervention and control group ($p=0,006$). “Paket Aman” intervention have probability to have matur pregnancy at 12,571 times compared to participants who is not given “Paket Aman” intervention. It is recommended that “Paket Aman” intervention is needed to be implemented at all maternity nursing care service level, especially in antenatal care using booklet as media and effective communication. Future research is needed concerning the relationship between economy and social status and maturity incident.